

Week 2 - Happy Are the Forgiven

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Week 3 - Happy Are the Obedient

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Week 4 - Happy Are the Rescued

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Week 5 - Happy Are the Helpful

"Blessed is the one who considers the poor! In the day of trouble the LORD delivers him; the LORD protects him and keeps him alive; he is called blessed in the land; you do not give him up to the will of his enemies.

"The LORD sustains him on his sickbed; in his illness you restore him to full health."

Psalm 41:1-3

1. The helpful are blessed.

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"Blessed is the one who considers the poor!" (1)

"You shall not mistreat any widow or fatherless child. If you do mistreat them, and they cry out to me, I will surely hear their cry."

Exodus 22:22-23

"If among you, one of your brothers should become poor, in any of your towns within your land that the LORD your God is giving you, you shall not harden your heart or shut your hand against your poor brother, "but you shall open your hand to him and lend him sufficient for his need, whatever it may be."

Deuteronomy 15:7-8

"When you reap the harvest of your land, you shall not reap your field right up to its edge, neither shall you gather the gleanings after your harvest.

"And you shall not strip your vineyard bare, neither shall you gather the fallen grapes of your vineyard. You shall leave them for the poor and for the sojourner: I am the LORD your God."

Leviticus 19:9-10

"For he delivers the needy when he calls, the poor and him who has no helper. He has pity on the weak and the needy, and saves the lives of the needy. "From oppression and violence he redeems their life, and precious is their blood in his sight."

Psalm 72:12-14

"Give justice to the weak and the fatherless; maintain the right of the afflicted and the destitute. Rescue the weak and the needy; deliver them from the hand of the wicked."

Psalm 82:3-4

"Open your mouth for the mute, for the rights of all who are destitute. Open your mouth, judge righteously, defend the rights of the poor and needy."

Proverbs 31:8-9

"Thus says the LORD of hosts, Render true judgments, show kindness and mercy to one another, do not oppress the widow, the fatherless, the sojourner, or the poor, and let none of you devise evil against another in your heart."

Zechariah 7:9-10

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"Blessed are the merciful, for they shall receive mercy."

Matthew 5:7

"Whoever is generous to the poor lends to the LORD, and he will repay him for his deed."

Proverbs 19:17

"The poor" encompasses more than financial poverty. It refers to the weak, afflicted, the helpless, and the marginalized, those in need of physical, emotional, or spiritual support.

"Considers" in this verse is thoughtful attention; not just giving money, but understanding the needs of the weak and helpless and planning how to meet them effectively.

"Such as have been made partakers of divine grace receive a tenderer nature, and are not hardened against their own flesh and blood; "they undertake the cause of the downtrodden, and turn their minds seriously to the promotion of their welfare. "They do not toss them a penny and go on their way, but inquire into their sorrows, sift out their cause, study the best ways for their relief, and practically come to their rescue. Such as these have the mark of the divine favor plainly upon them."

Charles Haddon Spurgeon

"A righteous man knows the rights of the poor; a wicked man does not understand such knowledge."

Proverbs 29:7

"Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? "Is it not to share your bread with the hungry and bring the homeless poor into your house?"

Isaiah 58:6-7

"For you know the grace of our Lord Jesus Christ, that though he was rich, yet for your sake he became poor, so that you by his poverty might become rich."

2 Corinthians 8:9

- 1. The helpful are blessed.
- 2. God's promises for the **helpful**

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- 2. God's promises for the **helpful**

"In the day of trouble the LORD delivers him; the LORD protects him and keeps him alive; he is called blessed in the land; you do not give him up to the will of his enemies." (1b-2)

"Call upon me in the day of trouble; I will deliver you, and you shall glorify me."

Psalm 50:15

"When the righteous cry for help, the LORD hears and delivers them out of all their troubles. "The LORD is near to the brokenhearted and saves the crushed in spirit. Many are the afflictions of the righteous, but the LORD delivers him out of them all."

Psalm 34:17-19

"He will cover you with his pinions, and under his wings you will find refuge; his faithfulness is a shield and buckler."

Psalm 91:4

"Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places."

Ephesians 1:3

"I have been young, and now am old, yet I have not seen the righteous forsaken or his children begging for bread. He is ever lending generously, and his children become a blessing."

Psalm 37:25-26

"For the righteous will never be moved; he will be remembered forever. He is not afraid of bad news; his heart is firm, trusting in the LORD.

"His heart is steady; he will not be afraid, until he looks in triumph on his adversaries.

"He has distributed freely; he has given to the poor; his righteousness endures forever; his horn is exalted in honor." Psalm 112:6-9

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- 3. God's **sustaining care** for the helpful

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- 3. God's **sustaining care** for the helpful

"The LORD sustains him on his sickbed; in his illness you restore him to full health." (3)

"The everlasting arms shall stay up his soul as friendly hands and downy pillows stay up the body of the sick. "How tender and sympathizing is this image; how near it brings our God to our infirmities and sicknesses!

"This is language peculiar to the God of Israel; he it is who deigns to become nurse and attendant upon godly men....

"Oh, it is blessed fainting when one falls upon the Lord's own bosom, and is borne up thereby!

"Grace is the best of restoratives; divine love is the noblest stimulant for a languishing patient; it makes the soul strong as a giant, even when the aching bones are breaking through the skin.

"There is ... no physician like the Lord, no balm like his promise, no wine like his love."

Charles Haddon Spurgeon

"He gives power to the faint, and to him who has no might he increases strength... but they who wait for the LORD shall renew their strength;

"they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint."

Isaiah 40:29, 31

"For I will restore health to you, and your wounds I will heal, declares the LORD."

Jeremiah 30:17

"He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away."

Revelation 21:4





"The poor are not forgotten by Him who numbers the stars. His heart is open to their cry, and so must ours be."

Amy Carmichael

"Can we follow the Savior far, who have no wound or scar? He calls us to lay down our lives for the sake of others, and in doing so, we are blessed beyond measure."

Amy Carmichael

