

HAVE YOURSELF A
BLESSED LITTLE CHRISTMAS



BEATITUDES IN THE PSALMS

Week 1 – Happy is the Lord

Week 1 – Happy is the Lord

Week 2 – Happy are the forgiven

Week 1 – Happy is the Lord

Week 2 – Happy are the forgiven

Week 3 – Happy are the obedient

What happens to happiness
when life is hard?

Suffering seems to call into question the blessed life.

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Suffering seems like it chokes out happiness.

Suffering seems to call into question the blessed life.

Suffering seems like it chokes out happiness.

Suffering and fortunate don't seem like they can coexist.

“I will bless the LORD at all times;
his praise shall continually be in my
mouth.”

Psalms 34:1

“My soul makes its boast in the LORD;
let the humble hear and be glad.
Oh, magnify the LORD with me,
and let us exalt his name together!

“I sought the LORD, and he answered me
and delivered me from all my fears.
Those who look to him are radiant,
and their faces shall never be ashamed.

“This poor man cried,
and the LORD heard him
and saved him out of all his troubles.
The angel of the LORD encamps
around those who fear him, and
delivers them.”

Psalm 34:2-7

“Oh, taste and see that the LORD is good!
Blessed is the man who takes refuge
in him!”

Psalm 34:8

“Oh, fear the LORD, you his saints,
for those who fear him have no lack!
The young lions suffer want and hunger;
but those who seek the LORD lack no
good thing.

“Come, O children, listen to me;
I will teach you the fear of the LORD.
What man is there who desires life
and loves many days, that he may see
good?

“Keep your tongue from evil
and your lips from speaking deceit.
Turn away from evil and do good;
seek peace and pursue it.”

Psalm 34:9-14

“The eyes of the LORD are toward the
righteous and his ears toward their cry.
The face of the LORD is against those
who do evil, to cut off the memory of them
from the earth.

“When the righteous cry for help,
the LORD hears
and delivers them out of all their
troubles.

The LORD is near to the brokenhearted
and saves the crushed in spirit.

Many are the afflictions of the righteous,”

Psalm 34:15-19a

“Many are the afflictions of the righteous,
but the LORD delivers him out of them all.
He keeps all his bones;
not one of them is broken.

“Affliction will slay the wicked,
and those who hate the righteous will
be condemned.

The LORD redeems the life of his servants;
none of those who take refuge in him
will be condemned.”

Psalm 34:19-22

The poet just says it bluntly –

The poet just says it bluntly –

“Many are the afflictions of the righteous.”

Psalm 34:19a

The poet just says it softly –

The poet just says it softly –
verse 4 – I will have fears

The poet just says it softly –
verse 4 – I will have fears
verse 5 – potential shame

The poet just says it softly –
verse 4 – I will have fears
verse 5 – potential shame
verse 6 and 17 – troubles

The poet just says it softly –
verse 4 – I will have fears
verse 5 – potential shame
verse 6 and 17 – troubles
verse 7 – need deliverance

The poet just says it softly –
verse 4 – I will have fears
verse 5 – potential shame
verse 6 and 17 – troubles
verse 7 – need deliverance
verse 8 – we will need a refuge

The poet just says it softly –
verse 4 – I will have fears
verse 5 – potential shame
verse 6 and 17 – troubles
verse 7 – need deliverance
verse 8 – we will need a refuge
verse 18 – we will have broken hearts and
crushed spirits

“This poor man cried...”

(call, shout, summon, proclaim)

“This poor man cried...”

(call, shout, summon, proclaim)

“The eyes of the Lord are toward the
righteous and his ears are open to their cry.”

(call for help, scream)

“This poor man cried...”

(call, shout, summon, proclaim)

“The eyes of the Lord are toward the
righteous and his ears are open to their cry.”

(call for help, scream)

“When the righteous cry for help...”

(shout, call out)

“If the world hates you, know that it has hated me before it hated you.

“If you were of the world, the world would love you as its own; but because you are not of the world, but I chose you out of the world, therefore the world hates you.

“Remember the word that I said to you: ‘A servant is not greater than his master.’ If they persecuted me, they will also persecute you.”

John 15:18-20a

“Behold, the hour is coming, indeed it has come, when you will be scattered, each to his own home, and will leave me alone. Yet I am not alone, for the Father is with me.

“I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.”

John 16:32-33

“When they had preached the gospel to that city and had made many disciples, they returned to Lystra and to Iconium and to Antioch,

“strengthening the souls of the disciples,
encouraging them to continue in the faith,
and saying that through many tribulations
we must enter the kingdom of God.”

Acts 14:21-22

“Indeed, all who desire to live a godly life
in Christ Jesus will be persecuted,”

2 Timothy 3:12

Accurate expectations
are important to happiness.

“Scripture does not flatter us like the story books with the idea that goodness will secure us from trouble; on the contrary, we are again and again warned to expect tribulation while we are in this body.

“Our afflictions come from all points of the compass, and are as many and as tormenting as the mosquitoes of the tropics.

“It is the earthly portion of the elect to find thorns and briers growing in their pathway, yea, to lie down among them, finding their rest broken and disturbed by sorrow.”

Charles Haddon Spurgeon

Everything will be rescued.

Verse 1 – praise him at **all** times

Verse 1 – praise him at **all** times

Verse 4 – delivered me from **all** my fears

Verse 1 – praise him at **all** times

Verse 4 – delivered me from **all** my fears

Verse 5 – their faces shall **never** be ashamed

Verse 1 – praise him at **all** times

Verse 4 – delivered me from **all** my fears

Verse 5 – their faces shall **never** be ashamed

Verse 6 – saved him out of **all** of his troubles

Verse 1 – praise him at **all** times

Verse 4 – delivered me from **all** my fears

Verse 5 – their faces shall **never** be ashamed

Verse 6 – saved him out of **all** of his troubles

Verse 9 – those who fear him have **no** lack

Verse 1 – praise him at **all** times

Verse 4 – delivered me from **all** my fears

Verse 5 – their faces shall **never** be ashamed

Verse 6 – saved him out of **all** of his troubles

Verse 9 – those who fear him have **no** lack

Verse 10 – those who seek the LORD lack **no**
good thing

Verse 17 – delivers them out of **all** their troubles

Verse 17 – delivers them out of **all** their
troubles

Verse 19 – the Lord delivers him out of
them **all**

Verse 17 – delivers them out of **all** their troubles

Verse 19 – the Lord delivers him out of them **all**

Verse 20 – He keeps **all** his bones, **not one** of them is broken

Verse 17 – delivers them out of **all** their troubles

Verse 19 – the Lord delivers him out of them **all**

Verse 20 – He keeps **all** his bones, **not one** of them is broken

Verse 22 – **None** of those who take refuge in him will be condemned

God forgave you.
Happy are the forgiven.

“The LORD redeems the life of his
servants; none of those who take refuge in
him will be condemned.”

Psalms 34:22

“The LORD redeems the life of his servants
none of those who take refuge in him will
be condemned.”

Psalm 34:22

Forgiven people will never be
condemned people.

“I need not walk through the earth fearful of every shadow and afraid of every man I meet, for sin is washed away, my spirit is no more guilty. It is pure. It is holy.

“The frown of God no longer resteth upon me; but my Father smiles, I see his eyes — they are glancing love: I hear his voice it is full of sweetness. I am forgiven. I am forgiven. I am forgiven.”

Charles Haddon Spurgeon

God hears you during affliction.

God hears you during affliction.

Verse 6 – “the LORD heard him”

God hears you during affliction.

Verse 6 – “the LORD heard him”

Verse 15 – “his ears are toward their cry”

God hears you during affliction.

Verse 6 – “the LORD heard him”

Verse 15 – “his ears are toward their cry”

Verse 17 – “when the righteous cry for help,
the LORD hears”

God is here with you during affliction.

God is here with you during affliction.

Verse 7 – “The angel of the LORD encamps
around those who fear him...”

God is here with you during affliction.

Verse 7 – “The angel of the LORD encamps
around those who fear him...”

Verse 8 – “Blessed is the man who takes
refuge in him.”

Happy are the rescued.

Happy is the man who takes refuge in God,
who trusts in God in the middle of affliction.

Happy is the man who takes refuge in God,
who trusts in God in the middle of affliction.

Happiness is based on trusting God to be
who he is and to do what he promised he
would do.

“Blessed are all who take refuge in him.”

Psalm 2:12

“Blessed is the man who makes the LORD
his trust.”

Psalms 40:4a

“Blessed are those whose strength is in
you, in whose heart are the highways to
Zion.”

Psalms 84:5

“Blessed is he whose help is the God of
Jacob, whose hope is in the LORD.”

Psalm 146:5

“The eyes of the LORD are toward the
righteous”

Psalms 34:15a

“The LORD is near to the brokenhearted
and saves the crushed in spirit.”

Psalm 34:18

“And I will ask the Father, and he will give you another Helper, to be with you forever, even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, for he dwells with you and will be in you.”

John 14:16-17

God forgives you.

God forgives you.

God hears you.

God forgives you.

God hears you.

God is here with you.

God forgives you.

God hears you.

God is here with you.

God will completely deliver.

“We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed ...

“knowing that he who raised the Lord
Jesus will raise us also with Jesus and
bring us with you into his presence ...
So we do not lose heart.”

2 Corinthians 4:8-9, 14-16a

“Though our outer self is wasting away, our inner self is being renewed day by day.

“For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, as we look not to the things that are seen but to the things that are unseen.

“For the things that are seen are transient,
but the things that are unseen are eternal.”

2 Corinthians 4:16b-18

“For this light momentary affliction is
preparing for us ...

“For this light momentary affliction is preparing for us ... an eternal weight of glory beyond all comparison, as we look not to the things that are seen but to the things that are unseen.”

2 Corinthians 4:17-18a