

George Eldon Ladd -

* You cannot _____, outperform, or _____ insecurity.

“Beware of practicing your righteousness before other people in order to be seen by them ...”

Matthew 6:1a

Example #3 - _____ (16-18)

* Jesus _____ his followers will be fasting -

Biblical fasting =

- Fasting usually refers to _____, but could refer to _____.
- Fasting is _____.
- Fasting is much more than just _____.
- Fasting must not be done to _____ from God.

Jesus gives two warnings:

1. Don't fast to be _____. (16)
2. Do fast to be _____. (17-18)

How does fasting protect us from insecurity?

Where should I start?