



EXILES:

JOYFUL OR CYNICAL?

1 PETER





Jean Twenge



Jean Twenge

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iGen



Why Today's
Super-Connected
Kids Are Growing Up
Less Rebellious, More
Tolerant, Less Happy—
and Completely
Unprepared for
Adulthood*

"Surprising."
—TIME

*and What That Means for the Rest of Us

iGens are ...

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- growing up more slowly.

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- spending less time on homework.

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- working less.

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- growing up more slowly.
- spending less time on homework.
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- rebelling less.
- reading less.
- going out less.

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- rebelling less.
- reading less.
- going out less.
- more inclusive.
- more isolated.

“The strongest legacy of iGen’ers’ involvement in the online world may be their increased physical safety.

“They are spending more time on their phones and computers and less time driving and seeing their friends in person, and as a result their physical safety has reached unprecedented levels.

“They are less willing to take chances, and their definition of safety has expanded to include their emotions as well as their bodies

“It’s no wonder, then, that iGen’ers yearn for a safe space where they can be protected. Within that space, they are more likely to support the idea of helping others but less likely to venture out to actually provide that help.”

Jean Twenge

“lGen’ers are less religious and less spiritual, publicly and privately, and strikingly different from previous generations when they were young.

“The move away from religion is no longer piecemeal, small, or uncertain; it is large and definitive. More young Americans are thoroughly secular, disconnecting completely from religion, spirituality, and the larger questions of life.”

Jean Twenge

“American culture’s increasing focus on individualism”

Jean Twenge

“We distract ourselves online with unimportant things, and we are always being entertained.

“We have stopped looking at life and its deeper meaning and have instead immersed ourselves in a world where the big stuff people think about is how many likes they got on an Instagram post.”

Vivian

iGen'ers have experienced a ...

- 51% increase in feeling overwhelmed.
- 95% increase in feeling depressed.

“Get behind me, Satan! You are a hindrance to me. For you are not setting your mind on the things of God, but on the things of man.”

Matthew 16:23

“This will never happen to you.”

Matthew 16:22

“... you are not setting your mind on the things of God, but on the things of man.”

Matthew 16:23b

“Therefore, **preparing your minds** for action, and being **sober-minded**, set your hope fully on the grace that will be brought to you at the revelation of Jesus Christ.”

1 Peter 1:13

“For this is a gracious thing, when, **mindful of God**, one endures sorrows while suffering unjustly.”

1 Peter 1:19

“Since therefore Christ suffered in the flesh, **arm yourselves with the same way of thinking**, for whoever has suffered in the flesh has ceased from sin, so as to live for the rest of the time in the flesh no longer for human passions but for the will of God.”

1 Peter 4:1-2

Christian mindfulness =
exchanging the **mind of man**
for the **mind of God**

1. Perishable ➡ **imperishable**

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“Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead, to an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you ...”

1 Peter 1:3-4

“... knowing that you were ransomed from the futile ways inherited from your forefathers, not with perishable things such as silver or gold, but with the precious blood of Christ, like that of a lamb without blemish or spot.”

1 Peter 1:18-19

“Having purified your souls by your obedience to the truth for a sincere brotherly love, love one another earnestly from a pure heart, since you have been born again, not of perishable seed but of imperishable, through the living and abiding word of God;

“for ‘All flesh is like grass
and all its glory like the flower of grass.
The grass withers,
and the flower falls,
but the word of the Lord remains forever.’
And this word is the good news that was
preached to you.”

1 Peter 1:22-25

2. Expected **→ rejected**

2. Expected ➡ **rejected**

“Like newborn infants, long for the pure spiritual milk, that by it you may grow up into salvation — if indeed you have tasted that the Lord is good. As you come to him, a living stone rejected by men but in the sight of God chosen and precious ...”

1 Peter 2:2-4

“Though you have not seen him, you love him.
Though you do not now see him, you believe
in him and rejoice with joy that is inexpressible
and filled with glory ...”

1 Peter 1:8

3. Immediate ➡ ultimate

3. Immediate ➡ ultimate

“Beloved, do not be surprised at the fiery trial when it comes upon you to test you, as though something strange were happening to you. But rejoice insofar as you share Christ’s sufferings, that you may also rejoice and be glad when his glory is revealed.” 1 Peter 4:12-13

Simple and clear -

“Please know that our hearts are with you,
praying especially for the gift of faith and
confidence in Jesus.”

Ed Welch

“In this you rejoice, though now for a little while, if necessary, you have been grieved by various trials, so that the tested genuineness of your faith — more precious than gold that perishes though it is tested by fire — may be found to result in praise and glory and honor at the revelation of Jesus Christ.” 1 Peter 1:6-7

“Behold, I go forward, but he is not there,
and backward, but I do not perceive him;
on the left hand when he is working, I do not
behold him; he turns to the right hand, but I
do not see him.

“But he knows the way that I take; when he
has tried me, I shall come out as gold.”

Job 23:8-10

Big challenge -

Big challenge -

This week, will you be mindful of God?

Big challenge -

This week, will you be mindful of God?

You are up to something good in this!











BELIEVE

GOD'S WORD

CONNECT

WITH GOD'S FAMILY

SHARE

GOD'S STORY