

SPIRITUAL DEVELOPMENT SKILLS

1. Food forms us through _____.

Fasting forms _____ disciples.

fasting - the purposeful removal of food to _____

- Observations about fasting
 - _____ - Matthew 4:1-2
 - Fasting can be _____ - Matthew 6:16-18
- Survey of Fasting - 3 times for fasting
 - Times of _____
 - Military - Judges 20:26-28
 - Healing - 2 Samuel 12:21-22
 - Protection while traveling - Ezra 8:21
 - Behalf of enemies - Psalm 35:11-14
 - Spiritual leadership - Acts 13:2-3, Acts 14:23
 - Times of _____
 - Times of _____

Consider our life ... hear an invitation to fast and pray.

- For whom am I praying?
- What loss do I need to mourn?
- What needs confession and repentance?

2. Food forms us through _____.

Feasting forms _____ disciples.

feasting - the purposeful consumption of food _____

- Does God celebrate?
- What is celebrated through feasting?
 - Celebrate _____ -
 - Celebrate _____ -
- _____.
- What results from feasting?
 - Clearer picture of _____ -
 - Clearer picture of _____ -
 - Clearer picture of _____ -
 - Clearer picture of _____ -

Final Observations:

6-19-22