

SPIRITUAL DEVELOPMENT SKILLS

Big Idea - Food forms us in 3 ways: _____, _____, and _____.

Food forms us through fueling.

1. Fueling demands _____.
 - We depend upon _____.
 - We depend upon _____.
 - We depend upon _____.
 - God _____ food.
 - Genesis 2:8-9 -
 - Genesis 1:29-31 -
 - Genesis 9:3 -
 - God _____ food.
 - Job 5:8-10 -
 - God _____ food.
 - Psalms 104:14-15 -
 - Psalm 136:25 -
 - Psalm 145:14-15 -
 - Psalm 147:7-9 -

2. Fueling generates _____.
 - Thanksgiving is _____.
 - Thankful Responses to food:
 - Israel - Deuteronomy 8:5-10
 - Jesus - Luke 22:17-19
 - Early Church - Acts 2:42
 - Paul - Acts 27, Romans 14, 1 Corinthians 10:31-32, 1 Timothy 4
 - Everything - Colossians 3:17

How do we take the habit of food and transform it into liturgy?

9 Seconds.

- _____ purposefully.
Take 3 seconds to recognize your dependence on food.
- _____.
Take 3 seconds to humbly remember God gifts you food through many people.
- _____ directly.
Take 3 seconds to respond "Father, thank you very much."

Then ...

_____!

6-12-22