

## PAUSING DOUBT

### Psalm 37

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WisdomFest 2015

Pausing doubt =

### Psalm 37

“fret” =

### Three key actions

1. \_\_\_\_\_ -

- Notice timing statements (2, 6, 7, 9, 20, 34, 37-38)
  
- What are some practical ways to slow down thoughts?
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2. \_\_\_\_\_ -

*“trust in the Lord” (3, 4, 5)*

#### What is God thinking/doing?

- The Lord \_\_\_\_\_ (13)
- The Lord \_\_\_\_\_ (17)
- The Lord \_\_\_\_\_ (18)
- The Lord \_\_\_\_\_ (28)
- The Lord \_\_\_\_\_ (33)
- The Lord \_\_\_\_\_ (40)
- The Lord \_\_\_\_\_ (40)
- The Lord \_\_\_\_\_ (40)

3. \_\_\_\_\_ -

*“trust in the Lord, and do good; dwell in the land and befriend faithfulness” (3)*

I have learned to live with the rise and fall of the thoughts and feelings of faith, to co-exist with honest doubt, to accept tension and paradox without clinging to it as an excuse for inaction.

Daniel Taylor