

changeable

From Sinful to Sinless Anger

Ephesians 4:26-27

	Remove	Replace	Reason
25	falsehood	truth	we are members
26-27	unrighteous anger	righteous anger/peace	no opportunity for the devil
28	stealing	working	share with needy
29-30	corrupting talk	edifying words	give grace/not grieve Holy Spirit
31-32	unforgiveness	kindness	God in Christ forgave you

1. Remove – sinful anger

"Be angry and do not sin."

How do I distinguish righteous and unrighteous anger?

- How _____ did I become _____?
- What _____ my anger?
- How _____ did I _____ my anger?
- What were the _____?

2. Replace – sinless anger/peace

"Do not let the sun go down on your anger."

"The day of the anger should be the day of reconciliation."

Karl Barth

3. Reason

"And give no opportunity to the devil."

What should I do with my sinful anger?

- Be _____ about it.
- _____ it _____.
- _____ it.
- _____ and _____.

"Godly anger does not need to 'win.' It does not have to succeed in bringing malefactors to justice. Its purposes are more modest on the surface, but more extravagant under the surface: the glory of God and the eternal well-being of God's people."

David Powlison