

# It Is Good to Give Thanks

Psalm 92



NORTH HILLS  
CHURCH

11/26/17

"Gratitude helps people feel more positive emotions, relish good experiences, improve their health, deal with adversity, and build strong relationships."

Harvard Mental Health Letter, Harvard Medical School

*"It is good to give thanks to the Lord."*

1. Gratefulness \_\_\_\_\_ . (4)

*"For you, O Lord, have made me glad."*

2. Gratefulness enables us to \_\_\_\_\_ . (5-11)

- opens our eyes to God's \_\_\_\_\_ and \_\_\_\_\_ (5-9)

“And when I choose to face my miseries directly and find blessings in them, something miraculous happens. I view all of life differently. I see my circumstances through a lens of faith. And I am able to declare with confidence that, even in the worst of circumstances, God is still good, and there is much to be thankful for.”

Vaneetha Rendall Risner

- opens our eyes to our \_\_\_\_\_ (10-11)

horn =

fresh oil =

3. Gratefulness keeps us \_\_\_\_\_ in every  
\_\_\_\_\_. (12-15)

palm tree and cedar =

*“They still bear fruit in old age; they are ever full of sap and green, to declare that the LORD is upright; He is my rock, and there is no unrighteousness in Him.*

*Psalm 92: 14-15*