

The Roadmap to Repairs

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The importance of _____ relationships Ecclesiastes 4:10,11;

God's plan for relationships Matthew 22:37-39

The necessity of _____ & _____

What does it take to maintain good relationships?

1. Healthy _____ .
2. Ability to _____ yourself.
3. _____ which means when someone you love hurts – you pay attention
4. _____
5. Your ability to receive _____ from your spouse.

Marriage is more than a contract; it is a covenant which means:

What does a healthy marriage look like

- 1.
- 2.
- 3.

What are some signs that your marriage is in trouble?

1. **Consistently ignoring the _____ needs of your partner.**
2. **_____ or _____ or _____ the opinions, feelings, feedback, or goals of your spouse.**
3. **When any other relationship is placed _____ in _____ than the marital relationship.**
4. **Lack of _____ in the relationship – _____**
5. **A lack of _____, lack of _____ or a lack of _____.**
6. **_____ feelings of _____ and _____ that have turned to _____ and _____ which have built walls and barriers between you.**

What makes a damaged marriage unable to heal?

_____ not _____
_____ to see, to confess, and to get necessary help.
_____ to listen to the feedback of your spouse that your marriage is broken and needs help. (Matthew 18)

**Jesus says, "If you eye is healthy your whole body will be full of light."
Matthew 6:22,23**

Unconditional love does not mean _____ relationship.

Sin separates us from _____ and from one _____

Six areas where trust breaks down in marriage: Without trust, you cannot have a good marriage.

What doesn't work - Duck Tape Repairs

Let's start with a _____ slate
Forgive and _____
_____ changes without dealing with the roots
Only one person doing the _____

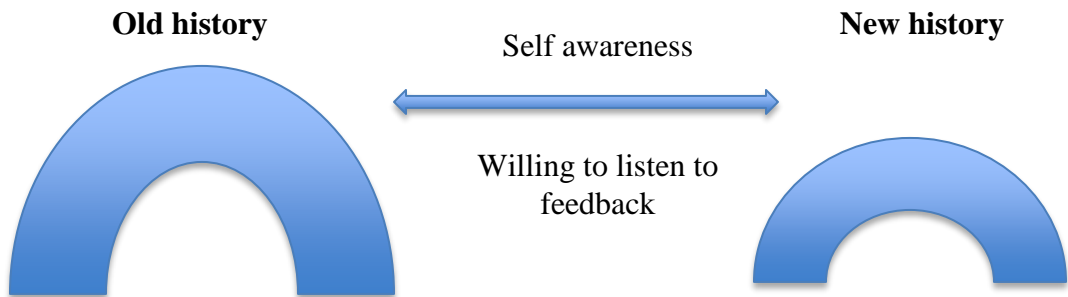
The Roadmap Forward – Repairing broken relationships

Step 1: R_____ You can't fix something you don't recognize as broken.

Healthy people live in truth and reality, not in denial and blindness.

Centrality of feedback in the rebuilding process

Psalm 141:5, Proverbs 12:15; Hebrews 3:11,13



Step 2: R_____ Change of heart and habit (personal

_____) not _____ work)

How do you know that someone is _____ ?

You will know by their _____.
Willing to take _____ for the pain
they've caused
Willing to be _____ for the damage
they've caused
Willing to do the _____ to rebuild broken
trust and are _____ for the chance to do
so.

Step 3: R _____ Takes
time and both partners are involved.

Repairing broken trust:

_____	_____
_____	_____

The Next Step: “Now that you know these things, you will be blessed if you do them.” (John 13:17).

Where are you in repairing your marriage? Step 1? Step 2 or Step 3. Repairs will take time, energy and a commitment to learn new ways of doing things. No work will lead to no healing.

*You can live with the pain of change or you **will** live with the pain of regret. Proverbs 5:11-13*